

**Module Title: Child Welfare and protection**

**Module Code: ECCE\_M 3061**

**ECTS: 30**

**Course Title: Guidance and counselling in early childhood**

**Course Code: ECCE 2062**

**ECTS: 5**

**Course Description**

This course aims at equipping students of early childhood education and care with the knowledge of guidance and counselling so that they are able to take up the role of teacher-counselors. This course will introduce classical and contemporary theories in guidance and counseling and include five components to facilitate the united growth of young children: basic concepts of guidance and counseling, personal growth, personal and social education, problem behaviors in early childhood, and counseling techniques. Various approaches of working with families in guiding children's behaviors will be covered.

**Course Objective**

After successful completion of the course, students will be able to:-

- ❖ Describe the meaning, the rationale, and the function of Guidance and Counseling
- ❖ Discuss different counseling theories
- ❖ Discuss a wide range of therapeutic approaches, their key concepts and assumptions, and therapeutic goals and techniques.
- ❖ Understand the strengths and limitations of different Counseling theories Identify the therapeutic implications of different counseling theories
- ❖ Provide psychosocial care and support required for young children
- ❖ Examine major problems and challenges of early childhood
- ❖ Apply possible treatment approaches
- ❖ Compare and contrast counseling theories with reference to their conceptual, practical and ethical dimensions
- ❖ Appraise the contributions and limitations of each of the therapeutic approaches.

**Weeks**

**Topics to be covered**

**Remark**

1	<b>Chapter One</b> <b>1. Introduction</b> 1.1. Definition of Guidance, Counseling, and psychotherapy 1.2. Historical development of Guidance and Gounseling 1.3. Types of Guidance 1.4.1. Vocational Guidance 1.4.2. Personal Guidance 1.4.3. Behavioral Guidance 1.5. Types of Counseling 1.5.1 Individual Counseling 1.5.2. Group Counseling	
2	<b>Chapter Two</b> <b>2. Principles and Skills of Counseling</b> 2.1. <b>Basic Skills of Counseling</b> 2.2. Basic principles of Counseling 2.2. Characteristics of effective counselor 2.5. Environmental set up of Counseling	
	<b>Chapter Three</b> <b>3. Process of Counseling</b> 3.1. Counseling Process 3.1.1. Phases of counseling process rapport 3.2. Termination 3.2.1.Function of Termination 3.2.2. Timing of termination 3.2.3. Issues of termination 3.2.4. Resistances to termination	

	<p>3.2.5. Pre-matured termination</p> <p>3.2.6. Counselors Initiative termination</p> <p>3.2.7. Ending a Positive note</p> <p>3.2.8 .Follow-up and referral</p>	
	<p><b>Chapter Four</b></p> <p><b>4. Theories of Counseling</b></p> <p>4.1. Psychoanalytic</p> <p>4.2. Individual Psychology</p> <p>4.3. Client Centered</p> <p>4.4. Gestalt</p> <p>4.5. Reality Therapy</p> <p>4.6. Cognitive Behavioral Therapy</p> <p>4.7. Rational Emotive Behavioral Therapy</p> <p>4.8. Play therapy and Filial Play Coaching skill</p> <p>4.9. Eclectic view point</p>	

Revisited	<div>Chapter Five</div> <div>5. Assessment and Diagnosis in Counseling (Counseling techniques)</div> <div>5.1. Factor Influencing Counseling techniques</div> <div>5.2. Initiative, Physical setting, Client quality, and Counselors quality</div> <div>5.3. Types of Interview</div> <div>5.3.1. Client Versus Counselors Initiative Interview</div> <div>5.3.2. Information oriented First Interview</div> <div>5.3.3. Relationship oriented first Interview</div> <div>5.4. Testing, assessment and Diagnosis</div> <div>5.4.1 Types of assessment</div> <div>5.4.2.Purposes of assessment</div> <div>5.4.3.Types of diagnosis</div> <div>5.4.4. Goal of diagnosis</div> <div>5.4.5. Exploration and Identification of goals</div>			
	<div>Chapter Six</div> <div>6. Counseling Children with Commonly Occuring problems</div> <div>6.1. Adolescence and care givers conflict</div> <div>6.2. Alcohol and Drug use</div> <div>6.3. Non Assertiveness</div> <div>6.4. Death and Breavement</div> <div>6.5. Depression</div> <div>6.6. Anxiety</div> <div>6.7. Stress</div> <div>6.8. HIV/AIDS</div> <div>6.9 Abuse and Harassment</div>			
Mode of delivery/teaching-learning methods: gapped lecture, discussion, micro-teaching, case study presentation etc.				
Assessment methods	Assessment	Topics	Schedule	Weight
continuous	type			

assessment (60%) and final exam. (40%)	Quiz-1	Definition of Guidance Counseling, and therapy  Types, Approaches and Subfields of counseling		15%
	Tests			30%
	Assignment			15%
	Final Exam.	From all topics listed above		40%
TOTAL				100%
Course policies	<p><b>Preparedness:</b> Students shall read before coming to classroom</p> <p><b>Participation:</b> Students must actively participate in class (ALM). <b>Attendance and preparation:</b> Students ought to attend all sessions and preparations for class are expected, including completing all assignments in time. You are <b>responsible for all information</b> presented in class, including schedule changes.</p> <p><b>Plagiarism:</b> All reviewed materials should be duly acknowledged. <b>Cheating</b> during any assessments will automatically lead to cancel your point. Grading system is criterion-referenced.</p>			
References	<p>✓ Dan Gartrell (2004). The Power of Guidance. Teaching social-Emotional Skills in Early Childhood Classrooms= <b>avialable in Library</b></p> <p>✓ <b>Steve Cooper( 2005).</b> A Comprehenssive handbook for Counselling. Inception, implementation and Evaluation= <b>avialable in Library</b></p> <p>✓ Robert L. Gibson, Marianne H. Mitchall,(2003), Introduction to Counseling and Guidance, 6th</p> <p>✓ Recharad Nelson _ Jones (2001). <u>Theory and Practice of Counseling and Therapy (3<sup>rd</sup> Ed.)</u>. Continuum publishers. London. <b>Soft Copy</b></p> <p>✓ Charles Gelso,(2001),Counseling psychology.</p> <p>✓ Gerald Corey (2005). <u>Theory and Practice of Counseling and Psychotherapy (7<sup>th</sup> Ed.)</u>. Brooks/Cole. <b>Soft Copy.</b></p> <p>✓ Vernon G. Zunker (2002), Career counseling : applied concepts of life planning,</p> <p>✓ Philip Burnard, 1999, Counseling Skills Training: A Sourcebook of activities,</p> <p>✓ Dessaleng Chalchisa (2006). Counseling manual for Professional care givers for orphanages and Institutions. Training Manual. Addis Ababa.</p>			

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